



Facial Peels

Reveal a new you

Introduction to Facial Peels?

The use of medical peels for skin rejuvenation dates back to the ancient Egyptians, who benefited from the light skin peeling effect of food acids in order to rejuvenate their skin. Today, scientists have identified many safe and gentle forms of skin peel formulations, which can be used to induce rejuvenation.

Peels have become increasingly popular over the past two decades and can be a very effective treatment to stimulate cell renewal, improve circulation, treat sun damage, reduce lines and wrinkles and improve abnormal pigmentation problems.

Peels are also beneficial for the treatment of acne and can be very effective where more conventional treatments have failed. Not all peels cause severe peeling, redness and blistering that some television make-over programmes will have us believe.

The different types of Peels

Peels are based on many different types of mild creams. Some procedures can cause the peel to penetrate deeper than others. At our *Changing Faces* clinic, we can offer you two types of peels:

- Superficial peels ("Easy Phytic)
- Medium peels (e.g. TCA peels)

Put the glow back in your face

Most peel types are designed to rejuvenate the skin by exfoliating (lifting off) the upper layer of the skin in a controlled way, encouraging skin to rejuvenate for a fresher, younger looking appearance.

Deeper peels work by working deeper into the skin to achieve more dramatic results.

Easy Phytic solution

This is a superficial peel with a gradual and accumulative effect. It is for patients who do not want their skin to visibly flake, but want an effective treatment for acne or ageing skin. It is repeated once or twice a week for the duration of the treatment. Your social life is not affected.

TCA Peel

This peel, recommended to treat age spot and acne, can also put the glow back in tired skin. It is painless and the treatment consists of 4 sessions (one peel per week). It need not interrupt your working life at all. TCA peels are also used to rejuvenate the hands and to treat scars.

How are Peels administered?

Peels are generally used on the face, hands, décolleté, arms and legs. Some are performed as a course of treatment e.g. weekly or monthly, whilst others are applied in a single treatment.

It involves the application of a medical cream to the skin. The cream causes the layer of skin to separate and peel off. The new regenerated skin underneath is usually smoother, less wrinkled and more even in both tone and colour than the old skin. A full face peel usually takes no more than 20 minutes.

Facial peels are done by Mr Ruparella who is fully trained and qualified. A facial peel is not just an exfoliation that can be done at home.

Is the treatment uncomfortable?

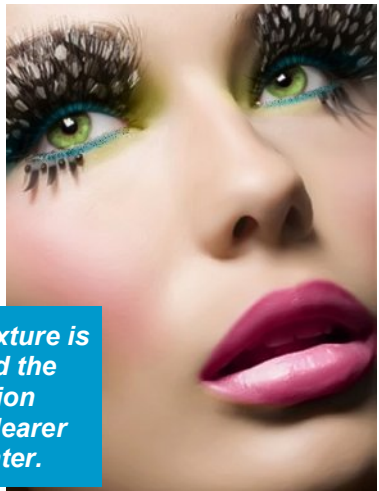
Facial peels are pain-free and do not require the use of any anaesthetic.

Sometimes, you may get:

- Slight redness of the area treated.
- Increased feeling of heat to the skin being treated.
- Occasionally patients experience an itchy feeling.

Can anyone have skin peel?

Pregnant or breastfeeding women should wait in order to receive this treatment. If you have a history of cold sores, you should inform the practitioner prior to the procedure. You may be better suited to an alternative treatment or product. The practitioner will review your medical history with you during your initial consultation. He will also advise you about skin care including sun protection and moisturisers that you will need to use after the treatment.



The skin's texture is refined and the complexion becomes clearer and brighter.